



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>REMINDER:</b> Free Blood pressure &amp; Glucose checks M-F 10am-Noon</p>				Chair Zumba 9:15-9:45am <b>1</b> Silver Sneakers 10am Tabletop Games Writing Club 1:30pm  <b>Employee Appreciation Day</b>
Chair Yoga 9:15-9:45am <b>4</b> Silver Sneakers 10am Chicks w/sticks 10am Bridge Club Crafts w/Kay 12:30pm Line Dancing 1pm	Quilting Bees 9am <b>5</b> Bible Study 9am (Ray Branch) Arthritis Class 10 am Senior Songfest Noon Bunco 1pm	<p><b>*Meal sponsored by Silver Angels @ 11am</b></p> <p><b>CLOSED</b></p> <p><b>Vet Café</b></p>	Arthritis Class 10am <b>7</b> Tabletop Games  <b>Abingdon Walmart &amp; Cracker Barrel Trip \$5</b>	Chair Zumba 9:15-9:45am <b>8</b> Silver Sneakers 10am Tabletop Games Writing Club 1:30pm  <b>AirMed Care Presentation w/Paul Brian &amp; Kim Klein 11am</b>
Chair Yoga 9:15-9:45am <b>11</b> Silver Sneakers 10am Chicks w/sticks 10am Bridge Club Line Dancing 1pm	Quilting Bees 9am <b>12</b> Bible Study 9am (Steven Spencer) Arthritis Class 10 am Senior Songfest Noon Bunco 1pm  <b>Hammrick's Trip \$5</b>	Chair Yoga 9:15-9:45am <b>13</b> Silver Sneakers 10am Senior Jam 11am Tabletop Games  <b>ABC Grant: Crafting w/Beads led by Carolyn McKinnis Noon-2pm</b>	Arthritis Class 10am <b>14</b> Tabletop Games Improv 12:30pm	Chair Zumba 9:15-9:45am <b>15</b> Silver Sneakers 10am <b>15</b> Tabletop Games w/Laurie Reece of Devoted Writing Club 1:30pm  <b>St. Patty Party!</b> Special Music w/Steve Dunfee <b>National Quilting Day</b>
Chair Yoga 9:15-9:45am <b>18</b> Silver Sneakers 10am Chicks w/sticks 10am Bridge Club Line Dancing 1pm  <b>Spring Fling w/Addie 11am</b>	Quilting Bees 9am <b>19</b> Bible Study 9am (Rick Thompson) Arthritis Class 10 am Senior Songfest Noon Bunco 1pm Special Music w/Randy Dandurand <b>First Day of Spring Party!</b>	Chair Yoga 9:15-9:45am <b>20</b> Silver Sneakers 10am Senior Jam 11am <i>Storytelling w/ Lois Dunn</i> Tabletop Games <b>Coffee &amp; Conversation: Alzheimer's Caregivers' Support Group 2:30-3:30pm</b> <b>World Storytelling Day</b>	Arthritis Class 10am <b>21</b> Tabletop Games  <b>Loveable Ladies' Downtown Trip</b>	Chair Zumba 9:15-9:45am <b>22</b> Silver Sneakers 10am Tabletop Games Writing Club 1:30pm  <b>Farmer's Daughter Trip \$5</b>
Chair Yoga 9:15-9:45am <b>25</b> Silver Sneakers 10am Chicks w/sticks 10am Bridge Club Cards w/Lynda 11am Book Club Noon Line Dancing 1pm	Quilting Bees 9am <b>26</b> Bible Study 9am (Tyler Fenner) Arthritis Class 10 am Senior Songfest Noon Bunco 1pm	Chair Yoga 9:15-9:45am <b>27</b> Silver Sneakers 10am Senior Jam 11am Tabletop Games	Arthritis Class 10am <b>28</b> Tabletop Games  w/Gentiva <b>Easter Party!</b> Special music w/Hillbilly Strings @ 11am	<p><b>CLOSED</b></p> <p><b>Good Friday</b></p>