



FTHRA Nutrition Program



March, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02). Salisbury Steak Scalloped Potatoes Succotash Pineapple Tidbits Dinner Roll	03). Pizza Casserole Cauliflower Carrots Tropical Fruit Dinner Roll	04). Center Closed to Public for Veterans' Cafe	05). Minestrone Soup Sweet Potatoes Brussel Sprouts Mandarin Oranges Graham Crackers Cornbread	06). Sloppy Joe Potato Wedges Corn Ambrosia WW Bun
09). Oven Fried Chicken Patty Sweet Potatoes Mixed Vegetables Peaches Dinner Roll	10). Chili Mac Casserole Winter Mix Vegetables Baked Apples Graham Crackers Dinner Roll	11). Grilled Chicken Breast Au Gratin Potatoes Beets Fruit Cocktail Dinner Roll	12). Chili Dog Potato Wedges Baked Beans Pears WW Bun	13). Breaded Fish w/tartar sauce Macaroni & Tomatoes Green Beans Fruited Jell-O Dinner Roll
16). Chicken Fried Steak Mashed Potatoes Mixed Vegetables Pineapple Dinner Roll	17). Happy St. Patrick's Day! Beefy Cabbage Soup Boiled Potatoes Green Beans Fruited Yogurt Cornbread	18). Egg Patty Sausage/gravy Grits Orange Juice Biscuit	19). Soup Beans Oven Browned Potatoes Mixed Greens Fruit Fluff Cornbread	20). BBQ Chicken Breast Au Gratin Potatoes Broccoli Applesauce Graham Cracker Dinner Roll
23). Breaded Chicken Tenders Macaroni & Cheese Peas & Carrots Mandarin Oranges Dinner Roll	24). Spaghetti & Meatsauce Italian Mix Vegetables Peach Crisp Texas Toast	25). Chicken Pot Pie Brussel Sprouts Baked Apples Oatmeal Crème Cookie Biscuit	26). Taco Soup Stewed Potatoes Pears Fudge Cookie Cornbread	27). BBQ Pork Riblet Potato Wedges Corn Fruit Cocktail WW Bun
30). Shepherd Pie Lima Beans Applesauce Graham Cracker Dinner Roll	31). Oriental Chicken & Rice Mixed Greens Beets Tropical Fruit Dinner Roll			

One 2% milk is included with each meal. All servings are ½ cup. All entrees are 3 oz. servings or one portion.

**Menu may change due to weather and availability.

Lunch served at 11:30 for a \$1 donation while supplies last