

December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chair Yoga 9:15-9:45am Silver Sneakers 10am Chicks w/Sticks 10am Bridge Club Kindness Crew Noon Line Dancing 1pm 2	Quilting Bees 9am Bible Study 9am (Ray Branch) Arthritis Class 10am Brain Games Noon Senior Songfest Noon Bunco 1pm (Christmas theme) (Don't forget your item for Rescue Dog!) WMCT Talks: Veronica 3	Staff Meeting 1:30pm <h2 style="text-align: center;">CLOSED</h2> Veterans' Café Christmas Party! 11am - 1pm 4	Arthritis Class 10am Cardmaking/Adult Coloring 10am Tabletop Games Improv Club 12:30pm Line Dancing 1pm Staff & Volunteer Christmas Party 6pm (invite only) 5	Silver Sneakers 10am Tabletop Games Writing Club 1:30pm  <i>Special Music w/Hillbilly Strings</i> Thank a Soldier Day - sending letters to our Veterans 6
Chair Yoga 9:15-9:45am Silver Sneakers 10am Chicks w/Sticks 10am Bridge Club Cards w/Lynda 10am Kindness Crew Noon Line Dancing 1pm Abingdon Walmart & Cracker Barrel Trip \$5 9	Quilting Bees 9am Bible Study 9am (Steven Spencer) Arthritis Class 10am Brain Games Noon Senior Songfest Noon Hamricks & Cracker Barrel Trip 10am \$5 WMCT Talks: Trish & Sharlynn 10	Chair Yoga 9:15-9:45am Silver Sneakers 10am Senior Jam 11am <u>Christmas Show & Tell!</u> Bring a Christmas picture, item, or anything special to share with us! Board Meeting 12:30pm 11	Arthritis Class 10am Cardmaking/Adult Coloring 10am Tabletop Games Line Dancing 1pm Loveable Ladies Barter Theater Trip \$25 Newcomers Club 6pm 12	Silver Sneakers 10am Tabletop Games Writing Club 1:30pm <i>Special Music w/Nowhere Valley Band</i>  w/Mtn. City Care Center Services for the Blind 10am 13
Chair Yoga 9:15-9:45am Silver Sneakers 10am Chicks w/Sticks 10am Cards w/Lynda 10am Bridge Club Kindness Crew Noon Line Dancing 1pm Senior Center Monitoring 9am 16	Quilting Bees 9am Bible Study 9am (Rick Thomason) Arthritis Class 10am Senior Songfest Noon Bunco 1pm (Christmas theme) (Don't forget your item for Rescue Dog!) Wohlfahrt Dinner Theater Trip \$60 WMCT Talks: Kathy 17	Chair Yoga 9:15-9:45am Silver Sneakers 10am Cards w/Lynda 10am Senior Jam 11am  w/Gentiva 18	Arthritis Class 10am Cardmaking/Adult Coloring 10am Tabletop Games Improv Club 12:30pm Line Dancing 1pm TEAMS with Tammy Blessing Bag Outreach w/JCHS Students! 19	Silver Sneakers 10am Tabletop Games Writing Club 1:30pm <i>Special Music w/Steve Dunfee</i>  w/Eric Garland Christmas Party! 11am - 1pm \$10 20
23	24	25	26	27
Senior Center is CLOSED for Holidays until January 6, 2025				
*Homebound meals will continue to be delivered throughout holidays.		*Center staff will have staggered schedules due to Christmas vacations. If you need anything, please reach out to us at (423)727-8883.		
Christmas Eve		Christmas		
See you in 2025!		INCLEMENT WEATHER REMINDER: When Johnson County Schools are closed due to inclement weather, the senior center is CLOSED too! Please check our senior center Facebook & tune in to WMCT for CLOSURES.		REMINDER: Book Club will NOT be meeting in December. It will resume on January 27, 2025. January's book will be: Counting Miracles by Nicholas Sparks