



FTHRA Nutrition Program



April 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| | 1). Beef Goulash Brussel Sprouts Carrots Mandarin Oranges Dinner Roll | 2). CLOSED Veterans' Café 11am | 3). Chicken Parmesan w/pasta Green Beans Corn Pears Dinner Roll | 4). Minestrone Soup Scalloped Potatoes Apple Crisp Cornbread |
| 7). Breaded Chicken Tenders Macaroni & Cheese Broccoli Pineapple Tidbits Dinner Roll | 8). Chili Dog Potato Wedges Baked Beans Coleslaw WW Bun | 9). Egg Sausage/Gravy Grits Orange Juice Biscuit | 10). Soup Beans Oven Browned Potatoes Mixed Greens Fruited Jell-O Cornbread | 11). Chicken Philly Au Gratin Potatoes Peas & Carrots Graham Crackers Tropical Fruit WW Bun |
| 14). Salisbury Steak w/gravy Mashed Potatoes Mix Vegetables Mandarin Oranges Dinner Roll | 15). Spaghetti & Meatsauce Italian Mix Vegetables Baked Apples Graham Crackers Texas Toast | 16). Chicken w/gravy & rice Winter Mix Vegetables Corn Oatmeal Crème Cookie Dinner Roll | 17). Sliced Ham Sweet Potatoes Green Beans Banana Pudding Dinner Roll Easter Dinner! | 18). CLOSED Good Friday |
| 21). CLOSED Easter Monday | 22). Meatloaf Mashed Potatoes Green Peas Tropical Fruit Dinner Roll | 23). Meatball Sub w/mozz. Cheese Corn Beets Pears WW Bun | 24). Chicken Spaghetti Italian Mix Vegetables Lima Beans Peaches Dinner Roll | 25). BBQ Pork Riblet Potato Wedges Broccoli Fruit Cocktail WW Bun |
| 28). CLOSED | 29). CLOSED FTAAD Conference | 30). CLOSED | | |

CLOSED for new floor installation (4/28-5/2) →

One 2% milk is included with each meal. All servings are ½ cup. All entrees are 3 oz. servings or one portion.

**Menu may change due to weather and availability.

***Lunch is served at 11:30am for a \$1 donation while supplies last.**