



Newsletter 2026

Johnson County Senior Center 

128 College Street

(423)727-8883

Blood Pressure & Glucose Checks

MONDAY: Amy Henson

TUESDAY: TEAMS w/ ETSU 4/21

WEDNESDAY: Rita Jennings

THURSDAY: Jo Ann Whitesell

FRIDAY: Danado Saltarelli

10am to
noon



*Glucose checks available Wednesday & Friday 10am-noon.

*All checks are performed by licensed nurses.



WMCT Radio Schedule



Thanks to our local WMCT Radio, the senior center has a free slot every Tuesday!

4/7: Katie- Blood Drive today 10am – 2pm

4/14: Kathy—thank you BINGO sponsors

4/21: Terry—Transport & Shuttle Service

4/28: FTAAAD Conference/ Center Closed

Tune in to WMCT Tuesdays @11am!

Hey guys & gals! This month our Fine Dining with Friends group will step back into the Roaring Twenties for a Murder Mystery Dinner—an evening of jazz-age glamour, lively conversation, and a little mystery. Each guest will take on the role of a character in a story filled with secrets, motives, and intrigue. As the evening unfolds, you'll mingle with fellow guests, uncover clues, and try to piece together what really happened—all while keeping your own character's secrets under wraps. See me or our hostess for the evening, Diane Branch, for more information & to sign up!

Kathy M. Eller

Events & Trips

4/1: Veteran's Café 11am (Center Closed to Public)

4/2: Easter Party! Free meal sponsored by Melanie Sellers & Desserts by Melissa Holloway, Bingo with Mtn. City Care Center and Caris Healthcare, Special Music with the New Laurel Creek Boys



4/3: Center Closed for Good Friday

4/6: Center Closed for Easter Monday

4/7: Blood Drive w/ Marsh Regional Blood Center 10am – 2pm
All donors will receive a free t-shirt & snack!

4/8: Bingo with Ballard Rural Health



4/9: Abington Walmart trip & lunch at Cracker Barrel \$5, leave center at 9:30am

4/10: Wear your **blue & green** to raise awareness for the over 100,000 people on the national transplant waiting list for life-saving transplants! #BlueGreenDay & join us for Bingo + a free meal sponsored by County Mayor Larry Potter



4/17: Celebrating National Poetry Month 11:30am

Join us for a **Poetry Slam** with Writing Club at lunch! Then test your knowledge with Team Trivia at 12:30pm

4/21: TEAMS with ETSU—medical students from ETSU will be performing Blood Pressure & Glucose Checks and getting to know the needs of Johnson County from 10am to 2pm

4/22: Movie Matinee 12:30pm, showing *Secondhand Lions*

4/23: Lovable Ladies Shopping Trip \$5 lunch at Local's Deli & shopping trip to the FUMC Unique Boutique

4/24: What's on your bucket list? It's National Bucket List Day! Celebrating with Bingo sponsored by Silver Angels, Sweet treats at lunch, & Special Music by Randy Dandurand



4/25: Breakfast at Grace Meadows then Tri-Cities Alzheimer's Tennessee Walk in Johnson City \$5, leave center at 8:30am

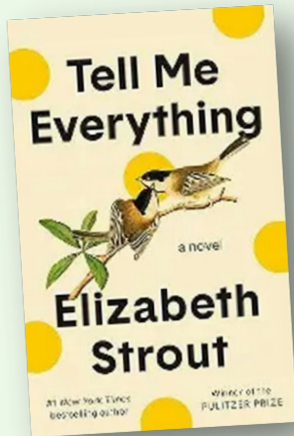
4/27: Fine Dining with Friends—Murder Mystery Dinner hosted by Ray & Diane Branch at Know Better Coffee. See Kathy to sign up!

4/28: Center Closed for FTAAAD Conference

4/29: Bingo with Gentiva Hospice



Book of the Month



Tell Me Everything, by
Elizabeth Strout

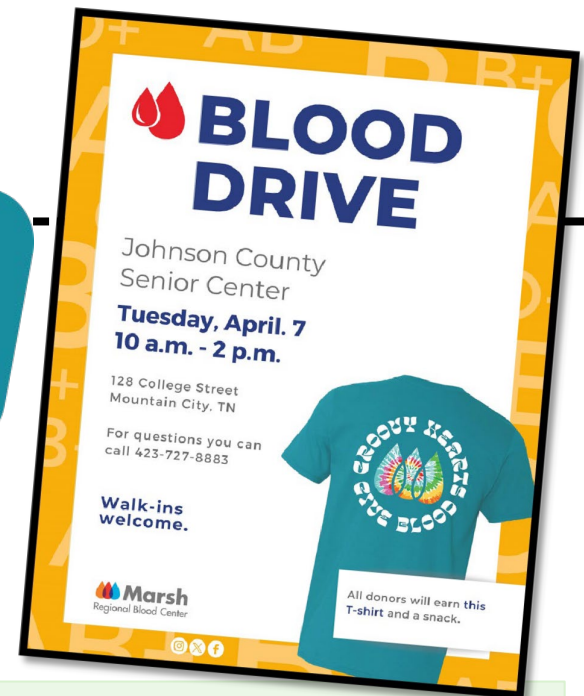
A hopeful, healing novel about new friendships, old loves, and the very human desire to leave a mark on the world.



Board Games &
Cards every
Wednesday
after lunch!

Children's Book Drive

Please join United Way East TN Highlands in supporting early literacy in Johnson County by donating newly used pre-K to 8th grade level children's books. Donation box will be set up in the library!



YOU TAKE CARE OF THEM. WHO'S GOT YOUR BACK?



BROTHERHOOD OF CAREGIVERS

Caring for a loved one with dementia takes strength, grit, and heart. But no man should carry the weight alone.

Brotherhood of Caregivers is a new group built for men, by men —where you'll find connection, practical tips, and real conversations with others who understand the journey.

A program in partnership with the Alzheimer's Tennessee Chapter (ALZTennessee.org) meets at 2:30 on the first Wednesday of each month at Fox's Den Café, 1323 Hwy 394 In Blountville, TN. To learn more call **423-482-2994 or email **TNBrotherhoodofCaregivers@gmail.com**

Contact Us:

Kathy Motsinger-Eller, Director
kmotsinger@jocoed.net

MyRide Johnson County
(423)460-6012

Katie Stout, Admin. Assistant
jcsc.assistant@johnsoncountyttn.gov

Legal Aid
(800)821-1312

Sharlynn Thomsen, MyRide Coordinator
myride@johnsoncountyttn.gov

Meals on Wheels
(866)836-6678

Trish Eastridge, FTHRA Mealsite Coordinator
ftthra.mealsitecoordinator@johnsoncountyttn.gov

Net Trans
(423)461-8200

Need a ride to the center? Give us a call. (423) 727-8883.

Easter Party

Thursday April 2nd

- 🐰 **Free meal sponsored by Melanie Sellers**
- 🐰 **Desserts provided by Melissa Holloway**
- 🐰 **Special Music with New Laurel Creek Boys**
- 🐰 **Bingo Sponsored by Mtn. City Care Center & Caris Healthcare**
- 🐰 **Visit from the Easter Bunny!**



Melt-in-Your-Mouth Chicken Pie

Directions:

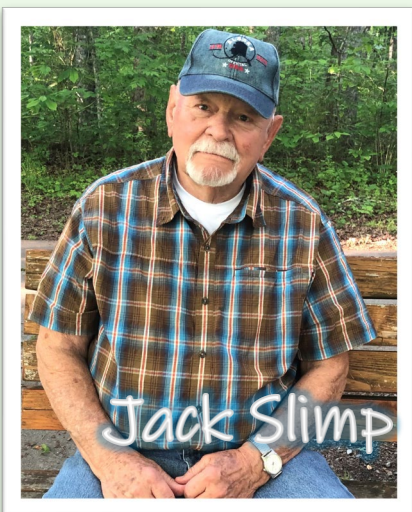
Cook chicken until tender. Remove meat from bones, reserve two cups of broth. Cut chicken into bite-size pieces and place in 9" x 13" x 2" pan. Spread vegetables over chicken. In a saucepan, mix and bring to a boil the reserved broth and soup. In another bowl, combine margarine, pepper, salt, flour, and buttermilk. Mix thoroughly to form batter. Pour broth mixture over chicken & vegetables. Spoon batter evenly over top. Bake at 425 degrees for 25-30 minutes.

Submitted by Barbara Henson

Ingredients:

- 2 ½-3 lb. chicken
- 1 pkg. frozen mixed vegetables, thawed
- 1 can undiluted cream of chicken or cream of mushroom soup
- 1 stick margarine, melted
- ½ tsp. black pepper
- 1 tsp. salt
- 1 cup self-rising flour
- 1 cup buttermilk

Veteran of the Month



After graduating high school in 1957, Jack Slimp joined the Air Force. Most of his 20-year career was as Air Traffic Controller where he attained the rank of Master Sergeant, MSGT. He was stationed in seven states, Greenland, Southeast Asia, and was in Germany when the Berlin Wall was completed. After retiring from the Air Force, Jack

worked for the Bureau of Land Management. He and his wife of 57 years, Sue, moved to Butler to help with aging family. She passed away in 2015. Jack has three children, eight grandchildren, and several great grandchildren. Thank you for your service, Jack!

**Thank
Goodness
It's
Friday
Karaoke**



Karaoke Every Friday at 12:30pm!



**BLUE &
GREEN DAY**

April 10th

SHOW US YOUR **DONATE LIFE** COLORS!

More about April's Fine Dining with Friends evening—

Our mystery is titled “Jazz Age Jeopardy.” You’ve been invited to a glamorous evening at The Cat’s Meow. Mountain City’s most exclusive jazz club, hosted by the charming and influential Felix Fontano. Artists, socialites, and high-society elites gather for a night of music, laughter, and sparkling conversation.

But don’t get too comfortable—beneath the champagne and jazz rhythms lurk jealousy, secrets, and betrayal. When the celebration takes a shocking turn, it will be up to you and your fellow guests to uncover the truth before the night comes to its dramatic close.

We’ll be holding the evening at Know Better Coffee, the delightful café housed in a beautifully restored old church by day. They’ll be opening especially for our group and preparing a special dinner for the occasion (see menu attached!)

If you enjoy puzzles, good conversation, and a bit of playful drama, this event is for you. \$40 covers dinner and no acting experience is necessary—just a willingness to join the fun.

Because each guest will be assigned a character ahead of time, we’ll need RSVPs earlier than usual so we can prepare the mystery and send out more information before the event.

Please RSVP by April 10th if you’d like to be part of the story.

Kathy M. Eiler

THE CAT’S MEOW

CHOICE OF STARTER

CREAMY TOMATO BASIL SOUP WITH PARMESAN AND HOUSE MADE CROUTONS, OR HOUSE SALAD SERVED WITH HOMEMADE RANCH, HOMEMADE VINAIGRETTE, OR HOMEMADE CREAMY PEPPERCORN DRESSING

MAIN COURSE

CHICKEN AU POIVRE—SLOW ROASTED CHICKEN BREAST WITH A PEPPERCORN, SHALLOT, AND COGNAC CREAM SAUCE, OR OVEN POACHED SALMON FILLET POACHED IN A LEMON, BUTTER AND WHITE WINE SAUCE

CHOICE OF TWO SIDES

FRESH GREEN BEANS ALMANDINE, SEASONED & SMASHED ROASTED POTATOES, ROASTED ORANGE THYME CARROTS, FRENCH ONION RICE

CHOICE OF DESSERT

GRILLED POUND CAKE WITH OUR SIGNATURE, HOMEMADE BUTTERMILK SAUCE AND CARAMEL CREAM, OR BERRIES AND CREAM TRIFLE WITH LAYERS OF FRESH STRAWBERRIES, A RICH VANILLA CREAM, AND FRESH BAKED ANGEL FOOD CAKE

