



April 2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Don't miss our Easter Party on April 2nd!</p> <p>Special Music by New Laurel Creek Boys & a visit from the Easter Bunny!</p>	<p>National Poetry Month!</p>	<p>1</p> <p>Closed to Public</p> <p>Veteran's Café</p> <p>11am</p> <p>Staff meeting 1pm</p>	<p>2</p> <p>Arthritis Class 10am Cardmaking/Adult Coloring Tabletop Games Tech Thursday noon-2pm Line Dancing 1pm</p> <p>BINGO Sponsored by Mtn City Care Center</p> <p>Free lunch sponsored by Melanie Sellers & Desserts by Melissa Holloway!</p>	<p>3</p>  <p>Center Closed for Good Friday</p>
<p>6</p> <p>Center Closed for Easter Monday</p> 	<p>7</p> <p>Quilting Bees 9am Bible Study 9am (Ray Branch) Arthritis Class 10am Senior Songfest Noon Bunco 1pm (Don't forget your item for Rescue Dog!)</p> <p>Protein Lesson w/ Sarah Arnold</p> <p>Blood Drive 10am – 2pm</p>	<p>8</p> <p>FTDD Public Meeting 10am</p> <p>Senior Jam 11am Adult Coloring & activities Board Games & Cards After Lunch</p> <p>BINGO Sponsored by Ballad Health</p> <p>Board meeting 12:30pm</p>	<p>9</p> <p>Arthritis Class 10am Cardmaking/Adult Coloring Tabletop Games Tech Thursday noon-2pm Line Dancing 1pm</p> <p>Abington Walmart Trip & lunch at Cracker Barrel \$5</p>	<p>10</p> <p>Silver Sneakers 10am Tabletop Games Karaoke Friends 12:30pm Writing Club 1:30pm</p> <p>Wear Blue & Green for National Donate Life Day!</p> <p>Free lunch sponsored by Larry Potter!</p> <p>BINGO</p>
<p>13</p> <p>Silver Sneakers 10am Chicks w/Sticks 10am Bridge Club Crafts w/Kay & Kathy at noon Kindness Crew Noon Line Dancing 1pm</p> <p>Food Safety w/ Sarah Arnold</p>	<p>14</p> <p>Quilting Bees 9am Bible Study 9am (Steven Spencer) Arthritis Class 10am Senior Songfest Noon</p>	<p>15</p> <p>Silver Sneakers 10am Senior Jam 11am Adult Coloring & activities Alzheimer's Support Group 3pm Board Games & Cards After Lunch</p>	<p>16</p> <p>Arthritis Class 10am Cardmaking/Adult Coloring Tabletop Games Tech Thursday noon-2pm Improv Club w/ Ray 12:30pm Line Dancing 1pm</p>	<p>17</p> <p>Silver Sneakers 10am Tabletop Games Karaoke Friends 1:00pm Writing Club 1:30pm</p> <p>Celebrating National Poetry Month— Poetry Slam at lunch</p> <p>Team Trivia w/ Rose 12:30</p>
<p>20</p> <p>Silver Sneakers 10am Chicks w/Sticks 10am Bridge Club Kindness Crew Noon Line Dancing 1pm</p> <p>All about Dairy w/ Sarah Arnold</p>	<p>21</p> <p>TEAMs w/ ETSU</p> <p>Quilting Bees 9am Bible Study 9am (Rick Thomason) Arthritis Class 10am Senior Songfest Noon Bunco 1pm (Don't forget your item for Rescue Dog!)</p>	<p>22</p> <p>Silver Sneakers 10am Senior Jam 11am Adult Coloring & activities Board Games & Cards After Lunch</p> <p>Movie & Popcorn after lunch!</p> <p>Showing Secondhand Lions</p>	<p>23</p> <p>Arthritis Class 10am Cardmaking/Adult Coloring Tabletop Games Tech Thursday noon-2pm Line Dancing 1pm</p> <p>Lovable Ladies Shopping trip— FUMC Unique Boutique & Locals' Deli</p>	<p>24</p> <p>Silver Sneakers 10am Tabletop Games Karaoke Friends 1:00pm Writing Club 1:30pm</p> <p>National Bucket List Day!</p> <p>Music w/ Randy Dandurand & Silver Angels</p> <p>BINGO</p>
<p>27</p> <p>Silver Sneakers 10am</p> <p>Chicks w/Sticks 10am Bridge Club Kindness Crew Noon Book Club Noon Line Dancing 1pm</p> <p>Fine Dining with Friends— See Kathy to sign up!</p>	<p>28</p> <p>Center Closed for FTAAD Annual Conference on Aging</p>	<p>29</p> <p>Silver Sneakers 10am</p> <p>Senior Jam 11am Adult Coloring & activities Board Games & Cards After Lunch</p> <p>BINGO Sponsored by Gentiva Hospice</p>	<p>30</p> <p>Arthritis Class 10am Cardmaking/Adult Coloring Tabletop Games Tech Thursday noon-2pm Line Dancing 1pm</p>	<p>State and County Primary Election</p> <p>Tuesday, May 5, 2026</p> <p>Go Vote!</p> 